

INDEPENDENT CLUB (IND)

Ages 21+

Taylor Askil

(619) 236-7771 • TAskil@sandiego.gov

This club is for independent adults with cognitive impairments. It is designed to promote independence as members plan their own leisure activities, develop money skills, socialize appropriately, and utilize the "buddy system" on outings. **Minimal staffing is provided. Register early, space is limited. Must have an assessment on file.**

See pages 6-11 for more opportunities that include special events, dances, weekly programs, and garden programs.

Meetings

MUST register at least 5 days before program! (Club members only). Those wishing to attend these programs MUST be independent, able to utilize the buddy system, AND be pre-approved by a TRS supervisor.

If you wish to become a new member, please set-up an interview appointment prior to meeting by calling (619) 525-8247.

Select Fridays 5:30 - 8:00pm

Sept. 5: Mocktail Party CODE: 125861

Oct. 3: Oktoberfest CODE: 125862

Nov. 7: Friendsgiving CODE: 125860

REGISTRATION: \$10 per meeting



Haunted Trail

Sunday, September 28 6:30 - 9:00pm

Grab your Halloween costume and join your friends as we walk down the spooky trail in Balboa Park. Drop-off and pick-up at the corner of Balboa Dr. and Juniper Rd. Dinner provided.

REGISTRATION: \$5 CODE: 125877

Wave Soccer Game

Saturday, October 18 5:30 - 9:30pm

Drop-off and pick-up at the Mission Valley Center Station (1570 Camino De La Reina, San Diego, 92108). We will be taking the trolley to and from the game. Please bring a card for purchasing snacks as the stadium is cashless.

Please register no later than September 10th.

REGISTRATION: \$35 CODE: 125880

TROLLEY PASS: \$5 CODE: 125945

AMC Movie Night

Wednesday, November 26 4:00 - 8:00pm*

Meet at Mission Valley Mall (1640 Camino Del Rio North, 92108) between the Nordstrom Rack and Tender Greens Restaurant. Bring money for dinner or eat beforehand. Restaurant and movie selection to be voted on at October meeting. *Program ends when movie ends.

REGISTRATION: \$18 CODE: 125903

Holiday Shopping

Friday, December 12 6:00 - 9:00pm

Bring a list and money for gifts. We will wrap gifts after shopping. Dinner will be provided. Drop-off and pick-up Westfield Mission Valley Mall (1640 Camino Del Rio North, 92108) between the Nordstrom Rack and Tender Greens Restaurant.

REGISTRATION: \$5 CODE: 125958

All codes are directly linked to SDRecConnect.com, so click the code to sign up.