



Freedom Trax, beach wheelchairs, and Access Mats are available at no charge to individuals with mobility impairments or those otherwise unable to walk unaided on the beach. Freedom Trax allows users to use their own personal wheelchair on the beach. Access Trax are durable, lightweight, and portable mats that allow easier access throughout the beach. Reservations recommended. Go to: [www.sandiego.gov/park-and-recreation/activities/trs](http://www.sandiego.gov/park-and-recreation/activities/trs) and select "Beach Accessibility and Wheelchair Program" to find other beach accessible locations in San Diego.

## Hours of Operation \*

**\*Hours subject to change due to weather and staff availability.**

**January - February: (CLOSED)**

**March - April**

- Fri, Sat, Sun: 11:30am - 3:30pm

**May - October**

- Mon-Sun, Closed Tuesdays:  
11:30am - 3:30pm

**November - December**

- Fri, Sat, Sun: 11:30am - 3:30pm



Due to construction at the Mission Beach Lifeguard Station, the beach wheelchair program will temporarily be relocating to the South Mission Beach Lifeguard Tower (339 N Jetty Rd, 92109). Please call (619) 980 - 1876 during beach hours or (619) 525-8247 during non-beach hours for the current location of the beach wheelchair program and/or to make reservations. Reservations recommended.

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