

SOCIAL MOTION CLUB (SMC) Ages 18+

This group is for adults with a cognitive impairment. It is designed to increase leisure independence, community functioning and build social skills through experiential opportunities within the community and at recreation centers. **Register early, space is limited. Must have an assessment on file prior to attending.**

See pages 6 - 11 for more opportunities, including special events, dances, weekly programs, and garden programs.

Recreation Nights

5:30 - 8:00pm

Good people, games & more! Dinner provided.

RSVP by the Wednesday before the program.

REGISTRATION: \$10 per meeting.

Central

Led by Angela

Park de la Cruz (3901 Landis St., 92105)

Dec. 19: Jingle & Mingle Holiday Bash

CODE: 127593

Jan. 16: New Year, New You! **CODE: 127594**

Feb. 13: Palentine's Day **CODE: 127595**

North

Led by Nick

Cathy Hopper (4425 Bannock Ave., 92117)

Jan. 30: Superbowl Night **CODE: 127927**

Feb. 27: Science Night **CODE: 127928**



Holiday Shopping

Friday, December 12 6:00 - 9:00pm

Bring a list & money for gifts. We will wrap gifts after shopping. Dinner will be provided. Drop-off and pick-up at Westfield Mission Valley Mall (1640 Camino Del Rio North, 92108) between the Nordstrom Rack & Tender Greens Restaurant.

REGISTRATION: \$5

CODE: 125901



San Diego Rodeo

Sunday, January 18 2:00 - 5:30pm*

*Time subject to change

Saddle up for an unforgettable experience! This experience brings together top athletes competing in classic rodeo events such as barrel racing, saddle bronc riding, bull riding, roping and more! Drop-off and pick-up at 401 K St, San Diego, 92101. Please bring a card for food, no cash. Outside food is prohibited.

REGISTRATION: \$40

CODE: 127668



Lunar New Year Festival

Saturday, February 21 1:00 - 3:30pm

Join us at Balboa Park to celebrate the Year of the Horse! Experience vibrant performances, delicious food, and fun cultural activities as we welcome a year of strength and energy. Drop-off and pick-up at the Puppet Theater (2130 Pan American Plaza, 92101). Bring a lunch or money to buy food.

REGISTRATION: \$10

CODE: 127669

All codes are directly linked to SDRecConnect.com, so click the code to sign up.