

SOCIAL MOTION CLUB (SMC) Ages 18+

This group is for adults with a cognitive impairment. It is designed to increase leisure independence, community functioning and build social skills through experiential opportunities within the community and at recreation centers. **Register early, space is limited. Must have an assessment on file prior to attending.**

See pages 6 - 11 for more opportunities, including special events, dances, weekly programs, and garden programs.

Recreation Nights

5:30 - 8:00pm

Good people, games & more! Dinner provided.

RSVP by the Wednesday before the program.

REGISTRATION: \$10 per meeting.

Central

Led by Angela

Park de la Cruz (3901 Landis St., 92105)

Dec. 19: Jingle & Mingle Holiday Bash

CODE: 127593

Jan. 16: New Year, New You!

CODE: 127594

Feb. 13: Palentine's Day

CODE: 127595

North

Led by Nick

Cathy Hopper (4425 Bannock Ave., 92117)

Jan. 30: Superbowl Night

CODE: 127927

Feb. 27: Science Night

CODE: 127928



San Diego Rodeo

Sunday, January 18 2:00 - 5:30pm*

**Time subject to change*

Saddle up for an unforgettable experience! This experience brings together top athletes competing in classic rodeo events such as barrel racing, saddle bronc riding, bull riding, roping and more! Drop-off and pick-up at 401 K St, San Diego, 92101. Please bring a card for food, no cash. Outside food is prohibited.

REGISTRATION: \$40

CODE: 127668



Lunar New Year Festival

Saturday, February 21 1:00 - 3:30pm

Join us at Balboa Park to celebrate the Year of the Horse! Experience vibrant performances, delicious food, and fun cultural activities as we welcome a year of strength and energy. Drop-off and pick-up at the Puppet Theater (2130 Pan American Plaza, 92101). Bring a lunch or money to buy food.

REGISTRATION: \$10

CODE: 127669



Holiday Shopping

Friday, December 12 6:00 - 9:00pm

Bring a list & money for gifts. We will wrap gifts after shopping. Dinner will be provided. Drop-off and pick-up at Westfield Mission Valley Mall (1640 Camino Del Rio North, 92108) between the Nordstrom Rack & Tender Greens Restaurant.

REGISTRATION: \$5

CODE: 125901

All codes are directly linked to SDRecConnect.com, so click the code to sign up.