

# LEISURE SEEKERS

Taylor Askil

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This group is for independent adults recovering from a mental or behavioral health diagnosis. It is designed to increase socialization, self-esteem, and leisure skills through recreation opportunities and education. **Direct supervision is not provided. Register early, space is limited. Must have an assessment on file prior to attending.**

## Social Connection

This is a wonderful opportunity to make new friends and socialize. Socials are held at Park de la Cruz (3901 Landis St., 92015). Activities and refreshments are provided. **Must RSVP by the Tuesday before program date by calling (619) 525-8247 or emailing TAskil@sandiego.gov.**

Select Thursdays 2:00 - 4:30pm

Dec. 4: Holiday Party

Jan. 8: Happy New Year!

Feb. 5: Science

**REGISTRATION: \$5 per social - CASH ONLY**

See pages 6 - 11 for more opportunities, including special events, dances, weekly programs, and garden programs.



## San Diego Rodeo

Sunday, January 18 2:00 - 5:30pm\*

\*Time subject to change

Saddle up for an unforgettable experience! This experience brings together top athletes competing in classic rodeo events such as barrel racing, saddle bronc riding, bull riding, roping and more! Drop-off and pick-up at 401 K St, San Diego, 92101. Please bring a card for food, no cash. Outside food is prohibited.

**REGISTRATION: \$40**



**CODE: 127939**

## Old Town Luis Max at Fiesta de Reyes

Saturday, February 21 5:00 - 8:00pm

Get ready for an unforgettable musical journey with the talented Luis Max. The event will include live music, delicious food, and more! Drop-off and pick-up in Old Town at 2829 Juan St, San Diego, 92110. Bring money to purchase items and food.

**REGISTRATION: FREE**

**CODE: 127940**

## Artful Mind

Thursdays 6:00 - 7:00pm

**Volunteer Led by Jessica**



Come create, have fun, and add to your toolbox for healing. Artful Mind wants to help people realize their potential through art. Join our class to see what it is all about and have fun!

**REGISTRATION: FREE**

**CODE: 127941**

All codes are directly linked to [SDRecConnect.com](https://SDRecConnect.com), so click the code to sign up.