

SOCIAL MOTION CLUB (SMC)

Ages 18+

Angela Lightner

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This group is for adults with a cognitive impairment. It is designed to increase leisure independence, community functioning and build social skills through opportunities within the community and at recreation centers. **Register early, space is limited.**

Must have an assessment on file prior to attending.

See pages 7 - 11 for more opportunities, including special events, dances, weekly programs, and garden programs.

Recreation Nights

Good people, games & more! Dinner provided.

RSVP by the Wednesday before the program.

REGISTRATION: \$10 per meeting.



Central

Led by Angela

Park de la Cruz (3901 Landis St., 92105)

Mar. 13: Shamrock Shenanigans

5:30 - 8:00pm

CODE: 129286

Apr. 10: Earth Day Every Day Gathering

5:30 - 8:00pm

CODE: 129287

May 8: Dinner & Movie in the Park

6:00 - 9:00pm

CODE: 129288

North

Led by Nick

Cathy Hopper (4425 Bannock Ave., 92117)

See page 9 for SMC North Rec Nights.



Gulls Hockey: Aloha Night

Saturday, March 7 5:00 - 10:00pm



Let's go Gulls! Drop-off and pick-up at Habit Burger (3455 Sports Arena Blvd., 92110) for dinner. Then we will go and cheer on the San Diego Gulls Hockey Team. Bring money for food.

REGISTRATION: \$32

CODE: 129924



Hawaii Fluid Art Night

Friday, May 22 5:30 - 8:30pm

Start the evening with a tasty dinner at Five Guys, then get creative and unwind at Hawaii Fluid Art, where you'll make your own colorful masterpieces. Drop-off at Five Guys (2445 Truxtun Rd., 92106) and pick-up at Hawaii Fluid Art, (2750 Historic Decatur Rd Barracks 15, 92106) Bring money for dinner or pack a sack meal. Please register by May 8th.

REGISTRATION: \$35

CODE: 129289

For information on summer camps, see page 6.

All codes are directly linked to SDRecConnect.com, so click the code to sign up.