

Leisure Seekers

Ages 18+

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This group is for independent adults recovering from a mental or behavioral health diagnosis. It is designed to increase socialization, self-esteem, and leisure skills through recreation opportunities and education. **Direct supervision is not provided. Register early, space is limited. Must have an assessment on file prior to attending.**

See pages 8, 10 -11 & 14 for more opportunities, and page 3 for scholarship and registration information.

Social Connection

Socials are held at Park de la Cruz (3901 Landis St., 92015). Activities and refreshments are provided. **Must RSVP by the Tuesday before program date by calling (619) 525-8247 or emailing TAskil@sandiego.gov.**

Select Thursdays 2:00 - 4:30pm

June 4: Fromage & Friends

July 2: All-American Cookout

Aug. 6: Tropic Like It's Hot

REGISTRATION: \$5 per social - CASH ONLY

Bonfire

Thursday, June 4 6:00 - 9:00pm

Kick off the summer with a bonfire on the beach. Dinner will be provided. Drop-off and pick-up at Bonita Cove Picnic Shelter (1100 W Mission Bay Dr, 92109).

REGISTRATION: \$15

CODE: 132130

SD County Fair

Wednesday, June 17 1:00 - 6:00pm

To attend, you will need to purchase your own fair tickets online for admission and rides. We will meet at the Canyon Crest Academy (5951 Village Center Loop Rd., 92130) at 1:00pm to take the free shuttle. Staff support provided until 6:00pm. You may stay longer on your own or take the shuttle back without staff.

REGISTRATION: FREE* RSVP CODE: 132146

***Fair tickets: \$17**

***Unlimited rides: \$50**

Hawaiian Luau

Thursday, July 16 10:00am - 1:00pm

Aloha! There will be fun games, entertainment and authentic Hawaiian food. **Call, text or email Taylor to RSVP by July 8th to be guaranteed lunch. Pay at event, \$5.00 cash only.** Meet at Bonita Cove (1100 W Mission Bay Dr., 92109).

RSVP CODE: 132142

Padres vs. Brewers

Tuesday, August 11 5:30 - 9:30pm

TRS is back at Petco Park for a baseball match-up you won't want to miss. Pick up and drop off at (401 K St., San Diego, 92101). Bring money for dinner. **Tickets only available for TRS participants with an active assessment on file.**

REGISTRATION: \$45

CODE: 132137



Artful Mind

Thursdays 6:00 - 7:00pm

Volunteer Led by Jessica



Artful Mind wants to help people realize their potential through art. Join our class to see what it is all about and have fun!

REGISTRATION: FREE

CODE: 132107

All codes are directly linked to SDRecConnect.com, so click the code to sign up.