

CVA/TBI Group

Ages 18+

Alicia Bianchi • (619) 525-8247 • ABianchi@sandiego.gov OR MichaelR@sandiego.gov
Programs are designed for individuals recovering from brain attacks (stroke, brain injury or illness). Programs are provided by TRS in conjunction with UCSD Health Comebackers Neuro Club, and Sharp YESS group. **Please contact our Michael before attending your first program.**

See pages 8, 10 -11 & 14 for more opportunities, and page 3 for scholarship and registration information.

Summer Picnic at Lake Murray

Friday, July 24 11:00am - 1:30pm

Bring a sack lunch and enjoy the sights and sounds of Lake Murray with friends. Meet at the picnic tables just north of the rental stand (at the end of Kiowa Drive, La Mesa, 91942).

REGISTRATION: FREE

CODE: 132143

Picnic and Twilight Concert

Wednesday, August 12 5:00 - 7:30pm

After dinner and lawn games, we will walk over to the Organ Pavilion to enjoy a concert by Back Pocket Whiskey Fellas. Bring your own picnic dinner. Meet at the grass area near the Recital Hall (2130 Pan American Rd W, 92101).

REGISTRATION: FREE

CODE: 132141



See page 9 for summer camps.



Reach Our Digital Subscribers

This publication is online and emailed to our community. Drive more traffic to your website with a digital ad on **MyCommunityOnline.com**

Get started today! Visit
www.lpicommunities.com/advertising-solutions

