

LEISURE SEEKERS

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This group is for independent adults recovering from a mental or behavioral health diagnosis. It is designed to increase socialization, self-esteem, and leisure skills through recreation opportunities and education. **Direct supervision is not provided. Register early, space limited. Must have an assessment on file prior to attending.**

Ages 18+

Social Connection

Socials are held at Park de la Cruz (3901 Landis St., 92015). Activities and refreshments are provided. **Must RSVP by the Tuesday before program date by calling (619) 525-8247 or emailing TAskil@sandiego.gov.**

Select Thursdays 2:00 - 4:30pm

Sept. 3: Groovy Garden Party

***No October Social Connection**

See Consumer Luncheon. →

Nov. 5: Friendsgiving

COST: \$5 per social - CASH ONLY



Ringling Bros. at Pechanga Arena

Sunday, September 13 10:30 - 3:00pm

Bring money for lunch at Chili's prior to the show. Pechanga Arena is cashless and has a clear bag policy. Meet at Chili's (3494 Sports Arena Blvd, 92110).

COST: \$32

CODE: 135708

Haunted Trail

Sunday, September 27 6:30 - 9:00pm

Grab your Halloween costume and join your friends as we walk down the spooky trail in Balboa Park. Drop-off and pick-up at the corner of Balboa Dr. and Juniper Rd. Dinner provided.

COST: \$10

CODE: 135709

See pages 6-11 for more opportunities that include special events, dances, ongoing programs, and garden programs.

Consumer Luncheon

Friday, October 9 10:00am - 1:00pm

We are celebrating our 27th annual Consumer Luncheon for World Mental Health Day. This event honors fellow consumers' achievements. Meet at Balboa Park Club (2150 American Rd. 92101). **Must register by October 2nd to be guaranteed lunch.**

COST: FREE

CODE: 135710

Addams Family Play

Saturday, October 17 4:00 - 8:00pm

Celebrate spooky season with Arms Wide Open's Addams Family play! Meet at Old Town Tequila Factory (2467 Juan St, 92110) and bring money to purchase dinner. Pick-up in front of the Old Town Theater (4040 Twigg St, 92110). **Register by September 1st.**

COST: \$20

CODE: 135716

Mission Bay Walk & Picnic

Monday, November 23 10:00am - 12:30pm

Bring a lunch to enjoy picnic-style after a walk along the bay. Meet near restrooms next to Superbloom Coffee (2540 E Mission Bay Dr., 92109).

COST: FREE

CODE: 135717

Artful Mind

Thursdays 6:00 - 7:00pm

Volunteer Led by Jessica



Come create, have fun, and add to your toolbox for healing. Artful Mind wants to help people realize their potential through art. Join our class to see what it is all about and have fun!

COST: FREE

CODE: 135718

All codes are directly linked to SDRecConnect.com, so click the code to sign up.